



MEALS on WHEELS

SOUTH TEXAS

TOGETHER, WE CAN DELIVER.

MARCH 2026 NEWSLETTER



Connection Club members visiting Victoria Farmers Market

Get in touch!

Office Hours: 8:00 AM - 3:00 PM

Phone: 361-576-2189

Address: 603 East Murray Street,
Victoria, TX 77901

www.mowstx.org

THIS MONTH

Cuero Pet Food

March 4th

PAW Express

March 12th

Library Delivery

March 18th

Food Bank

March 19th

Victoria Pet Food

March 25th

**Connection Club
Event Calendar**

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WHAT WE DO

MOBILE MEALS

Our Mobile Meal program provides nutritionally balanced meals for homebound seniors who are not able to provide themselves with a homecooked meal.

Interested in meals:

Call us at 361-576-2189
or Scan Here



LIBRARY TO GO

We partner with Victoria Public Library to deliver library items and crafts to our homebound clients.

TOGETHERNESS

Our Togetherness program aims to lessen the isolation and loneliness homebound adults can experience by creating opportunities to build social connections and friendships through weekly calls and/or visits.

CONGREGATE

Our Congregate Program is getting a fresh new look focused on connection, socializing, and new experiences for seniors 60+. Reservations will be required for events. See Calendar on pg 4

Where life after 60 is
full of connection.

PET PROGRAMS



PAW
Pets Are Wonderful
MEALS • WHEELS SOUTH TEXAS

Pets Are Wonderful delivers monthly pet food to registered home-delivered meal clients for up to two pets per household. Additionally, we offer vet care which consists of basic wellness checks and preventive care for our clients' pets.

SERVICES

FOR CURRENT CLIENTS

You must be an enrolled meal client to receive these services.

MORE THAN A MEAL



Bring Hope and Connection.....



MEALS on WHEELS
SOUTH TEXAS

Together, we can Help
Seniors Live Connected,
Nourished Lives.



\$50 delivers a
senior a week of
healthy lunches.

give.mowstx.org

March Activities

Seats for our Connection Club events are limited, so call 361-576-2189 to reserve your spot, locations and times vary!

Connection Cafe: 603 E Murray St, Victoria, TX 77901



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Movie Day ² 10:30am-1pm Connection Cafe 	BINGO ³ First Christian Church 10:30am-1pm Connection Cafe 	CLOSED ⁴ NO EVENT	Green Cow ⁵ Creamery Tour 10am-12pm 102 S Main St, Victoria, TX 77901	CLOSED ⁶ NO EVENT
Victoria Hospice Community Connection ⁹ 10:30am-1pm Connection Cafe 	Board Games ¹⁰ 10:30am-1pm Connection Cafe Senior BINGO 1pm-3pm Community Center	Fraud Tips ¹¹ Frost Bank 10:30am-1pm Connection Cafe 	Green Cow ¹² Creamery Tour 10am-12pm 102 S Main St, Victoria, TX 77901	CLOSED ¹³ NO EVENT
Social Hour ¹⁶ 10:30am-1pm Connection Cafe 	BINGO ¹⁷ Harbor Hospice 10:30am-1pm Connection Cafe 	Craft Time: ¹⁸ Ouch Pouch VP Library 10:30am-1pm Connection Cafe 	CLOSED ¹⁹ NO EVENT	CLOSED ²⁰ NO EVENT
Craft Time: DIY Easter Hat Day & Night Medical ²³ 10:30am-1pm Connection Cafe 	Board Games ²⁴ 10:30am-1pm Connection Cafe YMCA Tour 1pm-2pm 1806 N Nimitz St, Victoria, TX 77901	Paint & Plant w/ WTX Parks & Rec ²⁵ 10:30am-12pm Riverside Park 	Health Screening ²⁶ 10:00am-1pm Connection Cafe 	Victoria Educational Garden Tour ²⁷ 10:30am-12pm 333 Bachelor Dr, Victoria, TX 77904
Word Search Club ³⁰ 10:30am-1pm Connection Cafe 	Chat & Connect ³¹ 10:30am-1pm Connection Cafe 			

**ARE YOU 60 YEARS OF AGE
OR OLDER AND ACTIVE?**

**ARE YOU LOOKING FOR A WAY TO
MAKE NEW FRIENDS AND
SOCIALIZE?**

**CONNECTION CLUB IS THE PERFECT
PLACE TO CONNECT AND ENJOY
THE COMMUNITY TOGETHER.**



**MEALS
on WHEELS
SOUTH TEXAS**

**CONNECTION CAFE VICTORIA
603 E. MURRAY ST
VICTORIA, TX 77901**



**CALL US FOR MORE
INFORMATION
361-576-2189**

6 Word Search



SPRING GARDEN

- CARROTS
- PEPPERS
- CUCUMBER
- TURNIP
- ONION
- POTATO
- OKRA
- LETTUCE
- PARSNIPS
- ZUCCHINI
- RADISH
- ARUGULA
- GARLIC
- RHUBARB
- SQUASH
- PEAS
- HONEYDEW
- PUMPKIN
- KALE
- SHALLOT
- CORN
- COLLARDS
- BEANS
- BROCCOLI
- SPINACH
- BEET
- KOHLRABI
- CHARD
- ASPARAGUS



G S H T E W E D Y E N O H B L
 A Q C N R O C N R N K B P E T
 R U A E A A O E I A E R T A U
 L A N A R I B K L E T T N N R
 I S I S N M P E T O U S L S N
 C H P O U M B R O C C O L I I
 K Z S C U G I R E O K T A S P
 O U U P A R A B R A B U H R C
 H C O U C P A R S N I P S T O
 L C T A A R E I A T U H R O L
 R H A R R R S R E P P E P L L
 A I T K R S I O O C S A N L A
 B N O O O H S I D A R A E A R
 I I P E T P U C H A R D N H D
 E P E A S T A L U G U R A S S

Help Make the Holidays Brighter!

Volunteering opportunities with MOWSTX are life-changing not only for volunteers themselves but for the seniors who rely on regular meal deliveries. Contact volunteer@mowstx.org to help out in the following areas:

MOBILE MEALS

Deliver meals to seniors on Mondays in Victoria or Wednesdays in Victoria & DeWitt County.

LIBRARY 2-GO

Deliver library materials to clients every three weeks, usually on Wednesdays.

TOGETHERNESS

Call clients each week to chat and check in on their wellbeing.

PAW BITES

Deliver pet food during the final week of the month.

PAW EXPRESS

Transport pets from their owners' homes to the vet, and back. Cats and dogs, carrier provided.



MEALS ON WHEELS

For the Month of **NOVEMBER** 2025

TOGETHER, WE CAN DELIVER.

Community Spotlight ⁷



Visit our website:
victoriapubliclibrary.org
 Scroll down to
 "Library Events"
 to see more activities!

- ADULT EVENT
- ★ JUVENILE EVENT
- 📍 LOCATION: OFF-SITE

EVENTS DURATION:
 1 HOUR

SCAN QR CODE
 TO SEE EVENT
 DESCRIPTIONS



Mon	Tue	Wed	Thu	Fri	Sat
2 Mixed Media DIY collage 5:30-7pm ●	3 Bookish Society 6pm 📍 ●	4	5	6 Fun Friday 10am	7 VPL Talks w/ Texas Filmmaker Eric J. Rodriguez 2-5pm ●
9	10 Coffee & Coloring 5pm 📍 ●	11	12	13 Fun Friday 10am VPL Jams with Alexx Esquivel 7pm	14
16 Lego Lab: Spring Break 10:30am Learning Lab: Electrostatic Force 3:30pm ★	17 Family Story time 10:30am Inbetweeners: Accent Lace 3:30pm ★	18 No Pressure Book Club 6pm 📍 ●	19 Family Story time 10:30am Midcoast: Spring Break Safety 2pm Yarn Craft Club 4:30pm	20 Fun Friday 10am Teen Tech - DIY Balloon Dog 1:30pm	21 Chess Club 12-2:30pm 
23	24	25	26	27 Fun Friday 10am Adult-ish Book Club 6pm 📍 ●	28
30 True Crime Book Club 6pm ●	31	 <p>St. Patrick's Day</p>			

DID YOU KNOW?

NYC St. Patrick's Day Parade holds the combined title of both the oldest (1762) and largest. Also known as a "walking parade," banning floats and cars focusing on bands, pipes, and marching groups. Attracting millions of spectators and tens of thousands of participants.



SUPPORT LOCAL SENIORS IN NEED.



**ONE WEEK OF MEALS. ONE WEEK OF COMFORT.
\$50 MAKES IT HAPPEN.**

Donate Today

give.mowstx.org



**THANK YOU
TO OUR
COMMUNITY
PARTNERS:**



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603 E Murray St, Victoria, TX 77901

Contact: 361-576-2189

Email: info@mowstx.org

Website: www.mowstx.org

Stay up-to-date every day:



@MOWSouthTexas

GET FEATURED: Call 361-576-2189 x116 to talk about partnering. For advertising, contact Erica Johnson with our printer, LPI, at 316-258-6202.