

January 2026
Newsletter



THIS MONTH

Cuero Pet Food
January 7th

PAW Express
January 6th & 27th

Library Delivery
January 21st

Food Bank
January 15th

Victoria Pet Food
January 28th

Holiday Closure
January 1st

▶ Event Calendar Page 4

WHAT WE DO

MOBILE MEALS

Our Mobile Meal program provides nutritionally balanced meals for homebound seniors who are not able to provide themselves with a homecooked meal.

Interested in meals:

**Call us at 361-576-2189
or Scan Here**



LIBRARY TO GO

We partner with Victoria Public Library to deliver library items and crafts to our homebound clients.

TOGETHERNESS

Our Togetherness program aims to lessen the isolation and loneliness homebound adults can experience by creating opportunities to build social connections and friendships through weekly calls and/or visits.

CONGREGATE

Our Congregate Program is getting a fresh new look focused on connection, socializing, and new experiences for seniors 60+. Reservations will be required for events. See Calendar on pg 4

**Where life after 60 is
full of connection.**

PET PROGRAMS



PAW
Pets Are Wonderful
MEALS • WHEELS SOUTH TEXAS

Pets Are Wonderful delivers monthly pet food to registered home-delivered meal clients for up to two pets per household. Additionally, we offer vet care which consists of basic wellness checks and preventive care for our clients' pets.

SERVICES

FOR CURRENT CLIENTS

*You must be an enrolled meal client
to receive these services.*

**MORE THAN
A MEAL**



Bring Hope and Connection.....



MEALS on WHEELS
SOUTH TEXAS

Together, we can Help
Seniors Live Connected,
Nourished Lives.



\$50 delivers a
senior a week of
healthy lunches.

give.mowstx.org



JANUARY ACTIVITIES & MORE

BINGO & Bites

Thursdays: Jan. 8th & 22nd
10:30am - 1:00pm
Twin Pines North
RSVP 361-576-9263



Senior BINGO

Tuesday: Jan. 13th
1:00PM - 3:00PM
Victoria Community Center Annex

United Way Community Navigator Assistance Counseling

Wednesday: Jan. 14th
10:00am - 1:00pm
Connection Cafe



Senior Box Distribution

Thursday: Jan. 15th
8AM
Meals on Wheels South Texas Parking Lot
*Must Register 361-578-0591

Senior Movie Day

Monday: Jan. 19th
TBD

Cost: \$6.50-\$15

Cinemark Movie Theatre

*Meet us at the movies! Registration is required in advance, and costs vary based on snacks purchased.



Crafting and Connections

Wednesday: Jan. 21st & 26th
9:30am - 11am
Victoria Public Library



VFW Burger Night

Wednesday: Jan. 28th
5:00pm - 6:30pm
Cost: \$7
VFW Post 4146



 **Call to RSVP to join us, 361-576-2189**

**ARE YOU 60 YEARS OF AGE
OR OLDER AND ACTIVE?**

**ARE YOU LOOKING FOR A WAY TO
MAKE NEW FRIENDS AND
SOCIALIZE?**

**CONNECTION CLUB IS THE PERFECT
PLACE TO CONNECT AND ENJOY
THE COMMUNITY TOGETHER.**



**MEALS
on WHEELS[®]
SOUTH TEXAS**

**CONNECTION CAFE VICTORIA
603 E. MURRAY ST
VICTORIA, TX 77901**



**CALL US FOR MORE
INFORMATION
361-576-2189**

Opportunities

DONATE PET FOOD TO SUPPORT THE HEALTH & COMPANIONSHIP OF SENIORS & THEIR PETS.

Fill the Bowl



PAW
Pets Are Wonderful



MEALS on WHEELS®
SOUTH TEXAS

DRY DOG & CAT FOOD SEALED AND FRESH!

603 EAST MURRAY ST
VICTORIA, TX 77901

MONDAY - FRIDAY
8:00AM - 3:00PM



FOR MORE INFORMATION: 📞 361-576-2189

6 Word Search



- | | |
|-------------|-------------|
| BABY | GOWN |
| BALL | HAPPY |
| BALLOONS | HAT |
| CALENDAR | HOURLASS |
| CELEBRATION | INVITATION |
| CHAMPAGNE | JANUARY |
| CLOCK | KISS |
| CONFETTI | MIDNIGHT |
| DANCING | MUSIC |
| DECEMBER | NOISE MAKER |
| EVE | PARTY |
| FATHER TIME | RESOLUTION |
| FIRECRACKER | SPARKLER |
| FIRST | TOAST |
| FLUTE | TRADITION |
| GAMES | YEAR |

G N T I B R A D N E L A C L O C K K A
 U O R O D E X U T O U I G O F H C T X
 A I A T B S X B V P A R T Y I M I O W
 T T D V Q O A W A R Y F F T R M S T G
 Z A I A U L D L A N G S Y N E T U L F
 I T T F L U R E M A E R T S C F M M N
 O I I O C T Y E C F T X S S R G N C W
 N V O F E I B P K D I Q U I A N W O G
 C N N B E O A A P A U R K K C I V U C
 S I F N D N B L G A M E S C K C T N W
 I H Q J O B B F R F H E H T E N B T S
 N O I T A R B E L E C A S M R A V D E
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 E S E D D E C E M B E R G H F T S E C
 A S R L W X E M I T R E H T A F M F M

Help Make the Holidays Brighter!

Volunteering opportunities with MOWSTX are life-changing not only for volunteers themselves but for the seniors who rely on regular meal deliveries.

Contact volunteer@mowstx.org to help out in the following areas:

MOBILE MEALS

Deliver meals to seniors on Mondays in Victoria or Wednesdays in Victoria & DeWitt County.

LIBRARY 2-GO

Deliver library materials to clients every three weeks, usually on Wednesdays.

TOGETHERNESS

Call clients each week to chat and check in on their wellbeing.

PAW BITES

Deliver pet food during the final week of the month.

PAW EXPRESS

Transport pets from their owners' homes to the vet, and back. Cats and dogs, carrier provided.




MEALS ON WHEELS

For the Month of December 2025

TOGETHER, WE CAN DELIVER.

Community Spotlight⁷



VICTORIA PUBLIC LIBRARY
IMAGINE. DISCOVER. CONNECT.

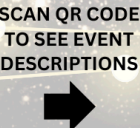


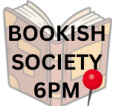

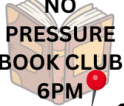
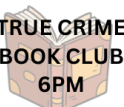

Visit our website:
victoriapubliclibrary.org

Scroll down to
"Library Events"
to see more activities!

- ADULT EVENT
- ★ JUVENILE EVENT
- 📍 LOCATION: OFF-SITE

EVENTS DURATION:
1 HOUR

Happy New Year

Mon	Tue	Wed	Thu	Fri	Sat
SCAN QR CODE TO SEE EVENT DESCRIPTIONS 			1 	2 FUN FRIDAY 10AM	3
5 BLACK LIGHT COLLAGE 6PM ●	6  6PM ●	7	8 TEXAS A&M AGRILIFE 5:30PM ●	9 FUN FRIDAY 10AM	10 CHESS CLUB 12PM 
12 NEW YEAR, NEW ME 5:30PM ●	13	14	15 YARN CRAFT CLUB 4:30PM TEXAS A&M AGRILIFE 5:30PM ●	16 FUN FRIDAY 10AM	17
19 BOOK SALE *ALL WEEK*	20 MLK DAY 1:30PM COME & GO CRAFTS ★	21  6PM ●	22 TEXAS A&M AGRILIFE 5:30PM ●	23 FUN FRIDAY 10AM	24 BOOK SALE 10-12PM LAST DAY!
26  6PM ●	27 LEARNING LAB: SNOW BOWLING 4PM ★	28	29  5PM ●	30 HOT COCOA PAINT PARTY 5PM ★ ADULT-ISH BOOK CLUB 6PM ●	31

DID YOU KNOW?

A SONG THAT
TAKES 1,000
YEARS TO PLAY
LAUNCHED ON
JANUARY 1,
2000.
COMPOSER JEM
FINER WROTE
THE PIECE
CALLED
"LONGPLAYER,"
WHICH CAN BE
HEARD AT
LONDON'S
TRINITY WHARF.
IT'S BEING
PERFORMED BY
SINGING BOWLS
AND IS SET TO
START ALL OVER
AGAIN
IMMEDIATELY
AFTER IT
FINISHES IN
2999.



SUPPORT LOCAL SENIORS IN NEED.



ONE WEEK OF MEALS. ONE WEEK OF COMFORT.
\$50 MAKES IT HAPPEN.

Donate Today

give.mowstx.org



**THANK YOU
TO OUR
COMMUNITY
PARTNERS:**



- Office Hours: 8:00 AM - 3:00 PM
- 603 E Murray St, Victoria, TX 77901
- Contact: 361-576-2189
- Email: info@mowstx.org
- Website: www.mowstx.org
- Stay up-to-date every day:



GET FEATURED: Call 361-576-2189 x116 to talk about partnering. For advertising, contact Erica Johnson with our printer, LPI, at 316-258-6202.



@MOWSouthTexas