

January 2026  
Newsletter



## THIS MONTH



**MEALS on WHEELS  
SOUTH TEXAS**

**Cuero Pet Food**

January 7<sup>th</sup>

**Food Bank**

January 15<sup>th</sup>

**PAW Express**

January 6<sup>th</sup> & 27<sup>th</sup>

**Victoria Pet Food**

January 28<sup>th</sup>

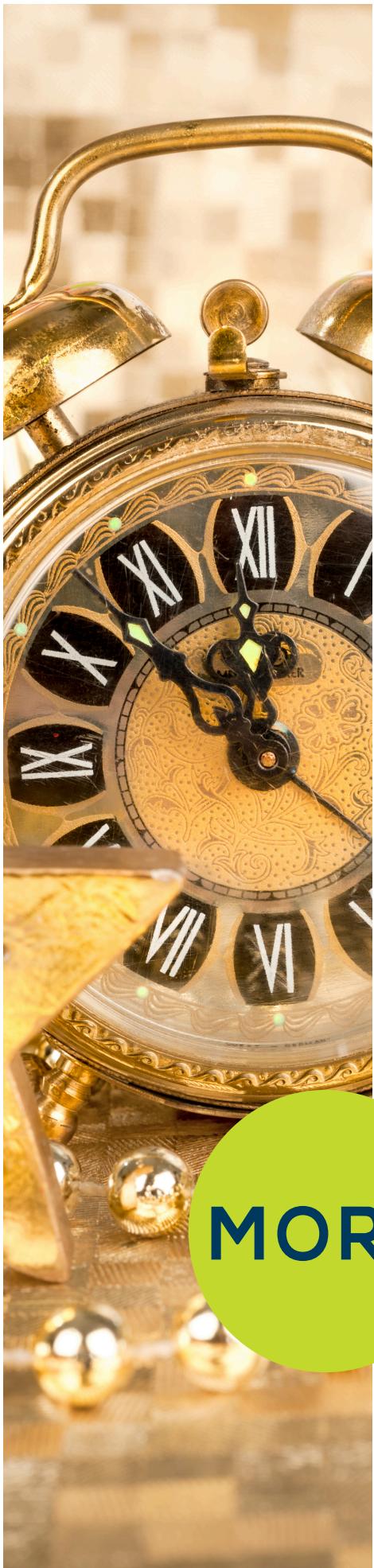
**Library Delivery**

January 21<sup>st</sup>

**Holiday Closure**

January 1<sup>st</sup>

Event Calendar Page 4



# WHAT WE DO .....

## MOBILE MEALS

Our Mobile Meal program provides nutritionally balanced meals for homebound seniors who are not able to provide themselves with a homecooked meal.

**Interested in meals:  
Call us at 361-576-2189  
or Scan Here**



## LIBRARY TO GO

We partner with Victoria Public Library to deliver library items and crafts to our homebound clients.

## TOGETHERNESS

Our Togetherness program aims to lessen the isolation and loneliness homebound adults can experience by creating opportunities to build social connections and friendships through weekly calls and/or visits.

**MORE THAN  
A MEAL**



## CONGREGATE

Our Congregate Program is getting a fresh new look focused on connection, socializing, and new experiences for seniors 60+. Reservations will be required for events. See Calendar on pg 4

**Where life after 60 is  
full of connection.**

## PET PROGRAMS



Pets Are Wonderful delivers monthly pet food to registered home-delivered meal clients for up to two pets per household. Additionally, we offer vet care which consists of basic wellness checks and preventive care for our clients' pets.

## SERVICES

### FOR CURRENT CLIENTS

*You must be an enrolled meal client to receive these services.*



# Bring Hope and Connection.....



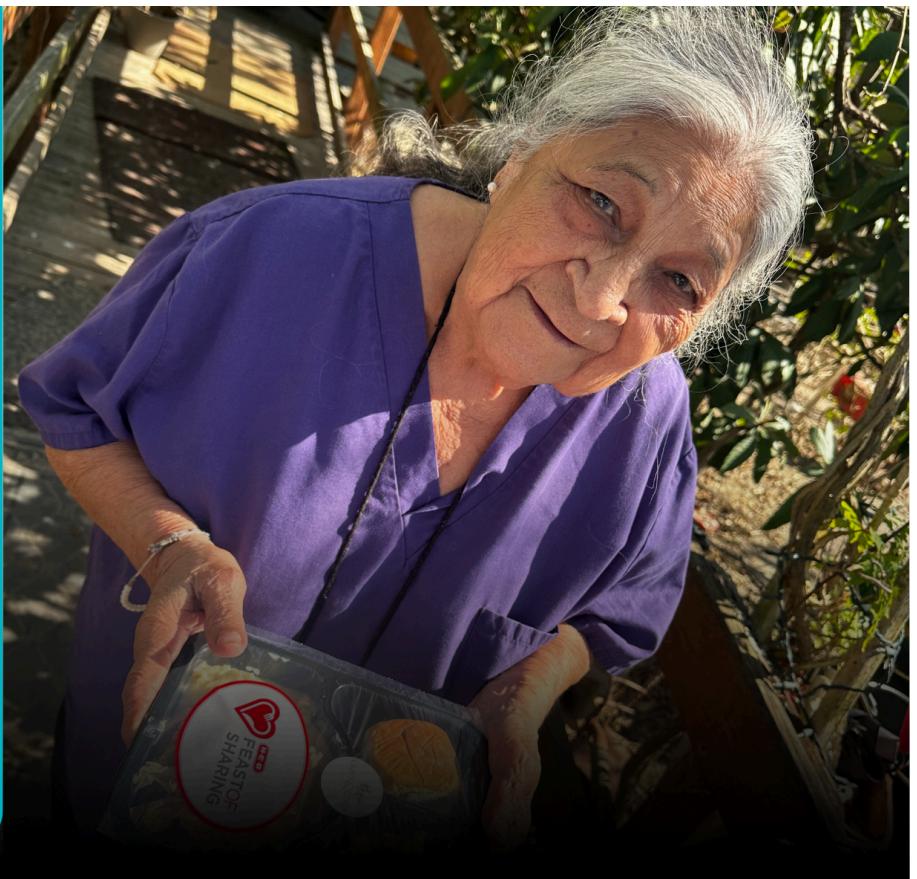
**MEALS on WHEELS**  
SOUTH TEXAS

Together, we can Help  
Seniors Live Connected,  
Nourished Lives.



\$50 delivers a  
senior a week of  
healthy lunches.

**give.mowstx.org**



# .....JANUARY ACTIVITIES & MORE

## BINGO & Bites

Thursdays: Jan. 8<sup>th</sup> & 22<sup>nd</sup>  
10:30am - 1:00pm  
Twin Pines North  
RSVP 361-576-9263



## Senior BINGO

Tuesday: Jan. 13<sup>th</sup>  
1:00PM - 3:00PM  
Victoria Community Center Annex

## United Way Community Navigator Assistance Counseling

Wednesday: Jan. 14<sup>th</sup>  
10:00am - 1:00pm  
Connection Cafe



United Way of the Crossroads  
Serving Victoria, Goliad,  
DeWitt, Lavaca Counties  
and the City of Goliad

## Senior Box Distribution

Thursday: Jan. 15<sup>th</sup>  
8AM

Meals on Wheels South Texas Parking Lot

\*Must Register 361-578-0591

## Senior Movie Day

Monday: Jan. 19<sup>th</sup>

TBD

Cost: \$6.50-\$15

Cinemark Movie Theatre

\*Meet us at the movies! Registration is required in advance, and costs vary based on snacks purchased.



## Crafting and Connections

Wednesday: Jan. 21<sup>st</sup> & 26<sup>th</sup>

9:30am - 11am

Victoria Public Library



## VFW Burger Night

Wednesday: Jan. 28<sup>th</sup>

5:00pm - 6:30pm

Cost: \$7

VFW Post 4146



 Call to RSVP to join us, 361-576-2189

ARE YOU 60 YEARS OF AGE  
OR OLDER AND ACTIVE?

ARE YOU LOOKING FOR A WAY TO  
MAKE NEW FRIENDS AND  
SOCIALIZE?

CONNECTION CLUB IS THE PERFECT  
PLACE TO CONNECT AND ENJOY  
THE COMMUNITY TOGETHER.



# Opportunities

DONATE PET FOOD TO SUPPORT THE HEALTH & COMPANIONSHIP OF SENIORS & THEIR PETS.

# Fill the Bowl



## DRY DOG & CAT FOOD SEALED AND FRESH!

603 EAST MURRAY ST  
VICTORIA, TX 77901

MONDAY – FRIDAY  
8:00AM – 3:00PM



FOR MORE INFORMATION:  361-576-2189

# Word Search



BABY	GOWN	G N T I B R A D N E L A C L O C K K A
BALL	HAPPY	U O R O D E X U T O U I G O F H C T X
BALLOONS	HAT	A I A T B S X B V P A R T Y I M I O W
CALENDAR	HOURGLASS	T T D V Q O A W A R Y F F T R M S T G
CELEBRATION	INVITATION	Z A I A U L D L A N G S Y N E T U L F
CHAMPAGNE	JANUARY	I T T F L U R E M A E R T S C F M M N
CLOCK	KISS	O I I O C T Y E C F T X S S R G N C W
CONFETTI	MIDNIGHT	N V O F E I B P K D I Q U I A N W O G
DANCING	MUSIC	C N N B E O A A P A U R K K C I V U C
DECEMBER	NOISE MAKER	S I F N D N B L G A M E S C K C T N W
EVE	PARTY	I H Q J O B B F R F H E H T E N B T S
FATHER TIME	RESOLUTION	V R L K K K U E M P O D C D O Q V W C
FIRECRACKER	SPARKLER	Z U D L F N L V Q G M A T I G D Q O W
FIRST	TOAST	P G G R R V R A A T T E I N J N P N F
FLUTE	TRADITION	R L Y A F L U G R U E T V I S Q R L S
GAMES	YEAR	L A P A K E N Q N Y E W M G V H Q C H
		E S E D D E C E M B E R G H F T S E C
		A S R L W X E M I T R E H T A F M F M

## Help Make the Holidays Brighter!

Volunteering opportunities with MOWSTX are life-changing not only for volunteers themselves but for the seniors who rely on regular meal deliveries.

Contact [volunteer@mowstx.org](mailto:volunteer@mowstx.org) to help out in the following areas:

### MOBILE MEALS

Deliver meals to seniors on Mondays in Victoria or Wednesdays in Victoria & DeWitt County.

### TOGETHERNESS

Call clients each week to chat and check in on their wellbeing.

### LIBRARY 2-GO

Deliver library materials to clients every three weeks, usually on Wednesdays.

### PAW BITES

Deliver pet food during the final week of the month.



### PAW EXPRESS

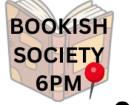
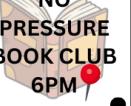
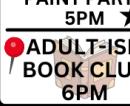
Transport pets from their owners' homes to the vet, and back. Cats and dogs, carrier provided.



MEALS on WHEELS

For the Month of December 2025  
TOGETHER, WE CAN DELIVER.

# Community Spotlight <sup>7</sup>

Mon	Tue	Wed	Thu	Fri	Sat	DID YOU KNOW?
SCAN QR CODE TO SEE EVENT DESCRIPTIONS ➡			1 	2 FUN FRIDAY 10AM	3	A SONG THAT TAKES 1,000 YEARS TO PLAY LAUNCHED ON JANUARY 1, 2000.
5 BLACK LIGHT COLLAGE 6PM	6 	7	8 TEXAS A&M AGRILIFE 5:30PM	9	10 CHESS CLUB 12PM	COMPOSER JEM FINER WROTE THE PIECE CALLED "LONGPLAYER," WHICH CAN BE HEARD AT LONDON'S TRINITY WHARF.
12 NEW YEAR, NEW ME 5:30PM	13	14	15 YARN CRAFT CLUB 4:30PM	16 TEXAS A&M AGRILIFE 5:30PM	17 FUN FRIDAY 10AM	IT'S BEING PERFORMED BY SINGING BOWLS AND IS SET TO START ALL OVER AGAIN IMMEDIATELY AFTER IT FINISHES IN 2999.
19 BOOK SALE *ALL WEEK*	20 MLK DAY 1:30PM COME & GO CRAFTS	21 	22 TEXAS A&M AGRILIFE 5:30PM	23 FUN FRIDAY 10AM	24 BOOK SALE 10-12PM LAST DAY!	
26 TRUE CRIME BOOK CLUB 6PM	27 LEARNING LAB: SNOW BOWLING 4PM	28	29 SWAP & PUZZLE CONTEST 5PM	30 HOT COCOA PAINT PARTY 5PM	31 	



Visit our website:  
[victoriapubliclibrary.org](http://victoriapubliclibrary.org)

Scroll down to  
"Library Events"  
to see more activities!

- ADULT EVENT
- ★ JUVENILE EVENT
- 📍 LOCATION: OFF-SITE

EVENTS DURATION:  
1 HOUR

Happy  
New Year



## SUPPORT LOCAL SENIORS IN NEED.



ONE WEEK OF MEALS. ONE WEEK OF COMFORT.  
\$50 MAKES IT HAPPEN.

### Donate Today

[give.mowstx.org](http://give.mowstx.org)



THANK YOU  
TO OUR  
COMMUNITY  
PARTNERS:



- Office Hours: 8:00 AM - 3:00 PM



- 603 E Murray St, Victoria, TX 77901

- Contact: 361-576-2189

- Email: [info@mowstx.org](mailto:info@mowstx.org)

- Website: [www.mowstx.org](http://www.mowstx.org)

- Stay up-to-date every day:



GET FEATURED: Call 361-576-2189 x116 to talk about partnering. For advertising, contact Erica Johnson with our printer, LPi, at 361-258-6202.

- [Facebook](https://www.facebook.com/MOWSouthTexas)
- [Instagram](https://www.instagram.com/MOWSouthTexas)
- @MOWSouthTexas